



Parks & Recreation

2024 Spring & Summer Brochure



GENERAL INFORMATION

We welcome and encourage participation by all members of the community and will make every effort to accommodate the needs of persons with disabilities. If an accommodation for a program or facility is required please notify our office at least 30 days in advance. For participation in any of our travel excursions please notify us of your accommodation request at the time of registration and no less than 90 days before departure.

VISIT US ON THE WEB

www.hampdentownship.us
facebook.com/HampdenTwpRec
instagram.com/hampdentwprec/

HAMPDEN TOWNSHIP BOARD OF COMMISSIONERS

Nathan P. Silcox, President
Sherri B. Chippo, Vice President
John P. Gaspich Jr., Assistant Secretary
Al Bienstock
John V. Thomas
Keith B. Metts, Township Manager



Michael Erno, Director of Recreation
Shannon Minnich, Program Coordinator
Jeremy Mortorff, Program Specialist
Kimberly Lambert, Trip Coordinator

PARK HOURS

Park hours at Hampden Park and Creekview North Park are 6:00 a.m. until 11:00 p.m. daily except Friday, Saturday and Sunday when they remain open until 11:30 p.m. After hours trespassers will be prosecuted. Salem Park, and Creekview South Park are open 6:00 a.m. until 10:00 p.m. daily except for Friday, Saturday and Sunday when they will remain open until 11:00 p.m. Park hours at Westover Commons, Veterans Park, and the Sporting Hill Station soccer fields are sunrise to sunset. The Conodoguinet Youth Park and Srouji Park are open dawn to dusk from April 1 - October 31. After hours trespassers will be prosecuted.

Lights at the tennis, basketball, pickleball and volleyball courts will be operable during the winter months. Creekview South will be closed over the winter months. Alcoholic beverages prohibited.

Seeking Sponsors for Fun Food Fest

- Premier Sponsor- \$1,000
- Essential Sponsor- \$500
- Event Sponsor- \$250

For breakdown of sponsorships and sponsorship perks, please contact Recreation Department or visit website.

Mail In

Hampden Twp. Rec. Dept.
209 S. Sporting Hill Rd
Mechanicsburg, PA 17050-3060

Walk In

5001 Hampden Park Drive
Mechanicsburg, PA 17050
Monday - Friday
Hours: 7:30 am - 4:30 pm

Phone In

(717) 761-4951
Fax: (717) 214-1157

PAYMENT

Payment required at time of registration. Cash, check & credit card accepted.

**PLEASE REGISTER EARLY!!!
Many of our programs and bus trips reach capacity, so please register early. Also, programs are subject to cancellation if minimum registration is not met.**

Dogs in the Park

Dogs are permitted in all parks with the exception of Salem Park. See additional rules:

- Dogs are not permitted on athletic fields, courts or playground areas in any park.
- Dogs must be physically controlled (on a leash no longer than 8 feet in length) and attended to at all times.
- You must pick up after your dog and dispose of all dog waste properly.
- Only permitted in those parks during standard parks hours.

REFUND POLICY

For multi-session programs (if cancellation is made prior to the start of the program) and one day activities (if cancellation is made at least one week prior to activity), all fees will be refunded minus a transaction fee of 7% .

In the case of cancellation before the second class, an administrative fee equal to one day's participation per person will be withheld from the refund. No refunds will be given for cancellations after the second class.

Cancellation for bus trips must be made at least one month prior to the trip to receive a refund, minus the non-refundable security deposit, unless otherwise stated. No refunds will be granted if a cancellation is made less than one month before the bus trip, unless a replacement can be found.

CONFIRMATIONS

Once you register and pay the appropriate fee, it is your responsibility to attend the activity. No confirmation will be sent.

CANCELLATIONS

The Recreation Department reserves the right to cancel any program due to insufficient registration. A full refund will be given.

RECREATION FACILITIES

Interested in renting a community room or pavilion for your next family gathering, birthday party or baby shower? Reservation forms can be found online or in the Recreation Department Lobby. Individuals who desire to use a facility should contact the Recreation Department in advance to ensure availability. Township related or sponsored activities will be given priority over all requests for use of facilities.



PHOTOGRAPHY

Smile, you may be captured by our camera! We may take photos and video of participants in our programs for promotional purposes. Please be aware that by participating, you've granted Hampden Township Parks and Recreation and its agents the right to use and publish your image or your minor child's image, and that no monetary remuneration will be given.

TOWNSHIP MANAGER'S MESSAGE

The Hampden Township Board of Commissioners and the Recreation Department staff are pleased to provide you with a wide variety of recreation facilities, new and exciting programs and trips along with numerous special events in 2024.

These recreational facilities and activities are offered with everyone in mind and provide a broad range of fun-filled opportunities which we trust everyone will find enjoyable!

Throughout the year, additional programs will be established and advertised in the Township newsletter, website and social media platforms. For your convenience, individuals may register and pay for recreation programs online 24 hours a day, 7 days a week. The Township's web address is www.hampdentownship.us.

The Township is constantly expanding and improving the recreational facilities available to the public. In 2024, some exciting enhancements include: a new picnic pavilion at Srouji Park, major renovations to Hampden Pool, an official unveiling of a military tank relic at the Veteran's Recognition Park, and various improvements to sports courts and fields located throughout the park system.

The Board of Commissioners truly hopes that you, your family and friends will take the time to visit a Township park, swim at Hampden Pool or participate in and enjoy these activities. Please let us know of any additional activities or facilities that you would like the Recreation Department to offer to the residents of Hampden Township.

Sincerely,

Keith B. Metts

Keith B. Metts
Township Manager

SHARE YOUR SPECIAL TALENT!!

The Hampden Township Recreation Department is always eager to offer new and exciting programs to the community. If you have a special talent or unique skill that you would like to share with others, please contact the Recreation Department about offering a class to the community. Teaching others about what you love can be fun and very rewarding. Contact us at 717-761-4951.

\$\$\$ SUMMER JOBS \$\$\$



COMPETITIVE WAGES FOR 2024



Applications for summer employment are available online and at the Recreation Office. Categories include: Camp Counselors, Assistant Pool Manager, Head Lifeguard, Lifeguards, Pool Admission Desk staff, Office Assistant, Bus Drivers and Seasonal Maintenance Personnel.



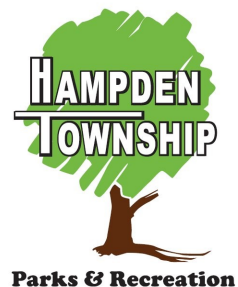
MISSION STATEMENT

The purpose of Hampden Township Parks and Recreation Department, under the auspices and guidance of the Board of Commissioners, is to provide a comprehensive program of recreational activities, facilities and services to meet the needs and desires of the Hampden Township community. Our programs are designed to permit the residents in the surrounding area an opportunity to rejuvenate their body and mind, exercise for their well being and provide an atmosphere for children to be carefree at play.

FREQUENTLY REQUESTED INFORMATION

Hampden Pool (summer only)
Hampden Twp. Youth Baseball Association
Hampden Twp. Aquatic Club
CV Midget Football Association
CV Softball Association
CV Youth Basketball Association
CV Youth Cheerleading Association
CV Youth Lacrosse Club
CV Youth Rugby Association
Eagle F.C. (formerly HMMS)

717-590-5989
www.hampdenbaseball.org
www.swim-hampden.org
www.cvmfa.org
www.cvsoftball.com
www.cvyba.org
www.cvcheer.org
www.cvyjax.org
www.cvyra.org
www.eagle-FC.com





2024 SPECIAL EVENTS

DATE	TIME	EVENT	LOCATION
Saturday, March 16	10 am	Breakfast with the Bunny (Registration begins February 16 @ 8 am)	Armitage Golf Club
Saturday, March 23	10 am	Easter Egg Scramble	Hampden Park
Saturday, April 6	8 am	Community Yard Sale	Hampden Pool Parking Lot
Saturday, May 25*	11:30 am	Pool Opening Day	Hampden Pool
Saturday, June 15	8 - 10 pm	Pool After Hours Party- Members Only!	Hampden Pool
Saturday, June 29	4 - 10 pm	Fun Food Fest(food trucks, music & fireworks)	Hampden Park
Saturday, July 20	8 - 10 pm	X-Mas in July at the Pool- Members Only!	Hampden Pool
Friday, August 2	5 - 9 pm	Creekview Family Fun Night	Creekview North Park
Friday, Sept. 27	7:15 pm	Park Movie	Hampden Park
Thursday, Oct. 31	6 - 8 pm	Trick or Treat	Hampden Township
Saturday, Dec. 7	10am	Breakfast with Santa (Registration begins November 7 @ 8 am)	Armitage Golf Club

*The tentative pool opening date is Saturday, May 25, 2024. Please be aware that due to the pool renovation project, there is a possibility the 2024 opening date needs modified. While not anticipated, if a later opening date is required due to construction, the Hampden Township Parks and Recreation Office will communicate that as soon as possible via our website and social media pages.

Hampden Pool-Opening Day May 25, 2024*

The Hampden Pool will open for Memorial Day weekend on Saturday, May 25th. We will be open from 10:30 - 11:30 am for Adult Fitness Hour and open at 11:30 am to the general public. If you haven't purchased your season pass yet, do so by March 31st in order to secure the early bird special! We look forward to seeing you Memorial Day weekend!



FUN FOOD FEST JUNE 29, 2024

4 - 9 PM Live Music and Food Trucks
After 9 PM Fireworks



CREEKVIEW FAMILY FUN NIGHT AUGUST 2, 2024 5:00 PM - 9:00 PM

The 34th Annual Creekview Family Fun Night will be on Friday, August 2, 2024. You and your family have enjoyed Creekview Family Fun Night for many years. Activities will begin at 5:00 pm and end around 9:00 pm. Activities will include carnival games, inflatables, face painting, temporary tattoos, alpacas, photo booth entertainment, food trucks and more! Hampden Township Fire, Ambulance and Police vehicles will be on display.

ACTIVE ADULTS



Chase Fitness Small Group Training

This workout will be full body and will consist of cardio, strength, mobility and core. All fitness levels are welcome; trainers will provide modifications when necessary. All equipment is provided; just bring water, a towel and a great attitude! Wear comfortable clothes and shoes. Classes are taught by certified personal trainers, Kelly & Melissa Chase. Classes will be held **Saturdays** in the **Recreation Building Activity Room** from **8 am - 9 am**. Cost is **\$99**.

March 2 - 30 (no class 3/23)

April 6 - 27

June 1 - 29

July 6 - 27

Cardio Kickboxing

Looking for a great way to get in shape and decompress? This Cardio Kickboxing class provides a challenge for all fitness levels. Whether it's blasting the mitts with combos or working through exercises, our goal is that you leave feeling accomplished and with a smile on your face. Athletic attire and water bottle are recommended. Classes will be held **Tuesdays from 5 - 6 pm** and **Thursdays from 5:45 - 6:45 pm** in the **Recreation Building Activity Room**. See you there! The cost is **\$105**.

April 2 - 30

May 2 - 28

June 4 - 27

July 2 - 30 (no class 7/4)

August 1 - 29

September 3 - 26

Morning Cardio Kickboxing

Join fitness instructor, Allison Ramsey, for this fun, high-energy workout where you will learn basic kickboxing moves (without a boxing bag or gloves). Moves will be geared toward all fitness levels! This class will help you increase your stamina, improve coordination, flexibility, balance and build muscle while burning calories. Bring a set of free weights, exercise mat, towel and water! Classes are held **Tuesdays** from **10:30 - 11:15 am** in the **Recreation Building Activity Room**.

March 12 - April 30 \$48

May 7 - May 28 \$25

Tai Chi Spear

It's summer!! That means vacations, heat waves and weapons study. This summer MAI is offering 16 posture spear - because we can, it's fun and we haven't in awhile. Spear teaches us to extend our energy past the ends of our arms. It strengthens shoulders and upper back (as an extra bonus, it scares your neighbors). Prior Tai Chi experience is not required; adventurous beginners are welcome. This is an all age program. You will need a spear. Spears can be a 5' long 3/4" piece of PVC, available at home improvement stores, or a wax wood spear or staff. Most wood martial arts spears, or staffs, will work. If you wish to order a spear, you must order it before class starts. More information about Tai Chi Spear is available at www.TC4ALL.com. The class will be held from **12 - 1 pm** in the **Recreation Building Activity Room** on **Thursdays**. Cost is **\$105**. Residents receive a \$5 discount.

June 6 - August 29 (No class July 4 & August 1)

Pickleball 101: Introduction to Pickleball

Instructed by Tim Shollenberger

This is a great way to learn the game, its rules, basic shots and strategies! In 1 two hour session the instructor will cover the rules of the game, scoring, equipment, dinking, serving and volleying. Each player will receive a Franklin "X" Pickleball. Come join the fun! Space is limited so register early. This clinic will be held on the **Pickleball Courts** in **Hampden Park Tuesdays** from **5:30 - 7:30 pm**. Bring your own paddle. Cost is **\$52**.

Tuesday, June 4th (rain date June 11th)

Tuesday, June 18th (rain date June 25th)

Monday, July 1st (rain date July 8th)

Monday, July 15th (rain date July 22nd)

Wednesday, July 31st (rain date August 7th)

Wednesday, August 14th (rain date August 21st)

Pickleball: Making Effective Transitions from Baseline to the Kitchen Line

Instructed by Tim Shollenberger

This Clinic is for Intermediate to Advanced Players who want to learn more about techniques and strategies to effectively transition from the Baseline to the Non Volley Zone [Kitchen] Line. In this Clinic, you will be taught how to best consider your options from the perspective of both the Serving Team and the Returning Team. Learn when to drop and when to drive. Learn when to stay back and when to come up. Learn the value of the 5th Shot Drop, 7th Shot Drop, and beyond. Learn how to most effectively return serve to get you up to the Kitchen line with your partner. You will learn drills that you can do yourself and with a drilling partner to refine these skills. These clinics will be held on the **Pickleball Courts** in **Hampden Park** on **Thursdays** from **5:30 - 7:30 pm**. Bring your own paddle. Cost is **\$52**.

June 6th (rain date June 13th)

June 20th (rain date June 27th)

Adult WEEKEND Clinic Andy Stoner Tennis

Adults weekend is for all levels of play; from beginner to advanced! Players will be placed into groups by ability level. Beginners will focus on grips, footwork and stroke production. Intermediate and advanced players will be receiving instruction on stroke production, tactics and strategies for match play! Clinics will be held on the **Hampden Park Tennis Courts** from **9 - 11 am**. The cost is **\$150** per person.

June 15th & 16th

ADULT GOLF CLINICS

These clinics are open to persons **16 years and older**, all abilities welcome and individuals will receive one on one instruction. Clinics will be held from **6 - 7 pm** at Armitage Golf Course. This 4 week clinic will cover grip, stance, alignment, putting, rules of golf, chipping and bunker play. Players of all ability are welcome and will receive one-on-one instruction each week to help individual needs. Cost is **\$120**.

Tuesdays - April 2, 9, 16, 23

Wednesdays - April 3, 10, 17, 24

Tuesdays - May 7, 14, 21, 28

Wednesdays - May 8, 15, 22, 29

COMMUNITY SAFETY

BLS for the Healthcare Provider

This BLS Healthcare Provider course will cover core material such as adult and pediatric CPR (including two-rescuer scenarios, use of the bag mask and a written exam), foreign-body airway obstruction and automated external defibrillation. This course is for healthcare providers such as EMS personnel, physician assistants, doctors, dentists and nurses who must have a credential documenting successful completion of a CPR course. The course will be held **Saturdays** in the **Recreation Building Preschool Room** from **8 am - 1 pm**. Cost is **\$88**.

March 16
August 10

BLS for the Healthcare Provider Renewal Course

This BLS Renewal course will be held on **Monday, June 10th** in the **Recreation Building Preschool Room** from **6 - 9 pm**. Cost is **\$88**.

June 10

Heartsaver CPR Training

This class is offered by an American Heart Association certified CPR instructor. Participants will learn adult, child and infant CPR and AED administration (Automated External Defibrillator). The course will be held from **6 - 9 pm** in the **Recreation Building Preschool Room**. Cost for is **\$68**. Participants will receive a Heartsaver CPR book and a certification card.

Tuesday, March 12
Monday, April 15
Wednesday, June 12
Wednesday, August 7
Monday, September 16



Heartsaver First Aid Course

The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes general principles, medical emergencies, injury emergencies and environmental emergencies. This class is offered by an American Heart Association certified CPR instructor. Participants will receive a course completion card and a Heartsaver First Aid student workbook. The course will be held from **6 - 8:30 pm** in the **Recreation Building Preschool room**. Cost is **\$68**.

Tuesday, March 19
Wednesday, May 15
Monday, September 23

Women's Self Defense

Are you ready to take charge of your personal safety? This class is carefully designed to give women the tools and strategies to do just that. There will be in-depth discussion and training on how to avoid and de-escalate dangerous encounters. Participants will gain a better understanding of how these situations can unfold and build awareness on how to avoid them altogether. When it comes to personal safety, stack the odds in your favor. Take the first step! Athletic attire, a water bottle and notebook are recommended. Instruction provided by CMA West. The course will be held from **10 am - 12:30 pm** in the **Recreation Building Activity Room**. Cost for is **\$65**.

Saturday, March 16

CardioCore Fusion

An exciting holistic fitness experience! Get energized and get your heart pumping with upbeat cardio routines (to a wide variety of music styles), followed by core-on-the-floor ab work, and finishing with a relaxing, restorative stretch sequence! Bring a mat with you to class. A fabulous full body workout, core strengthener, stress reliever, mood lifter, calorie burner, personal power booster, confidence lifter that will help you feel strong, focused, clear, connected and healthy! Classes will be held **Wednesdays** in the **Recreation Building Activity Room** from **5 - 6 pm**. The cost is **\$46**. Instructed by Lori Sedlak.

March 6 - April 10
May 15 - June 19
July 10 - August 14

Basic Yoga

Join us for this basic yoga flow class that offers mindful movement, linking mind, body, and breath to help increase strength, flexibility & balance, help reduce stress, and to help contribute to one's overall health and well-being. Options will be shown for all fitness levels. Please bring a yoga mat. Basic Yoga will be held **Wednesdays** from **6:15 - 7 pm** in the **Recreation Building Activity Room**. Cost is **\$46**. Instructed by Lori Sedlak.

March 6 - April 10
May 15 - June 19
July 10 - August 14

Awakening Yoga

Join us for this gentle morning awakening yoga flow class that offers mindful movement, linking mind, body, and breath to help increase strength, flexibility & balance, help reduce stress, and to help contribute to one's overall health and well-being. Please bring a yoga mat. Class will be held **Thursdays** from **9 - 9:45 am** in the **Recreation Building Activity Room**. Instructed by Lori Sedlak.

March 7 - April 11
May 16 - June 20
July 11 - August 15

Mindful Movement

This class combines the stability of Yoga with the mobility of Tai Chi. Both of these mind-body disciplines have existed for hundreds of years due to their potential health benefits, such as: improving strength, flexibility, balance, coordination, stress reduction, mindfulness, as well as many other potential internal health benefits. This class integrates these practices together to help participants of all ages and fitness levels increase overall wellness in their daily lives. Participants should bring a yoga mat; although most poses and movements will be done standing. Mindful Movement will be held **Tuesdays** from **9 - 9:45 am** in the **Recreation Building Activity Room**. Cost is **\$46**. Instructed by Lori Sedlak.

March 5 - April 9
May 14 - June 18
July 9 - August 13

Be Good to Your Back Yoga

This Vinyasa style of yoga ties the breath to movement. The breath is also tied to the duration of the yoga pose. Emphasis is on spine health and to work on stretching and strengthening the muscles that support our spine and joints. This helps create space between the vertebrae and joints that we may have lost due to aging, injury, and gravity; pain can be the result of this loss. A regular yoga practice has contributed to my spinal health and so much more. Whether you are rehabilitating from an injury or just need some movement in your life, try my class. It may help relieve that achy back or hip. See you on your mat. Namaste, Karen. This class will be held **Wednesdays** from **10 - 11 am** in the **Recreation Building Activity Room**. Cost is **\$74**. Please bring a mat to class.

February 28 - April 3
April 17 - May 22

Pilates

Pilates focuses on strength, flexibility, core stability and body awareness. Emphasis is placed on strengthening the core muscles which include: deep abdominals, back extensors, pelvic floor and diaphragm. A strong core improves posture, stability and balance which help to prevent injuries. Pilates promotes elongation of muscles to enhance flexibility and joint mobility. Pilates requires focus and concentration which help to enhance mind body awareness. This 50 minute class will be held **Thursdays** from **4:30 - 5:20 pm** in the **Recreation Building Activity Room**. Cost is **\$65**. Please bring a mat to class.

March 7 - April 11
April 25 - May 30

COUNTRY LINE DANCE

Classes are held in the **Recreation Building Community Room**. A class trip to the **Winners Circle Saloon** is scheduled after each session. Cost is **\$36**. Instructed by **Tamora Stum**.

Line Dancing with Tamora at Lunch

Tamora has been teaching with Hampden Township for 25+ years. Tamora teaches line dances that are done at the **Winner's Circle Saloon**. All dancers will get an email with the dance videos and step sheets to practice each week. A class trip to the **Winner's Circle Saloon** is scheduled at the end of each session. Remember to bring water to stay hydrated. Put on your boots, or sneakers, and come join the fun! This class will be held **Wednesdays** from **11:30 am - 12:30 pm**.

March 6 - April 3
April 24 - May 22
June 12 - July 17 (no class July 3rd)

Country Line Dance Level 1

This class will consist of fun, easy dances!! Get ready for your next trip to the **Winner's Circle Saloon!** This class will move at a pace comfortable for beginners. Classes will be held **Wednesdays** from **7:30 - 8:30 pm**.

March 6 - April 3
April 24 - May 22
June 12 - July 17 (no class July 3rd)

Country Line Dance Level 2

This is the hardest line dance class Tamora teaches. You will learn **Advanced Beginner** and **Easy Intermediate** dances that we do at the **Winner's Circle Saloon**. You should have some prior line dance experience. This class will be held **Thursdays** from **6:30 - 7:30 pm**.

March 7 - April 4
April 25 - May 23

Ballroom Dance

Learn the basics of fun dances including: **Fox Trot, Waltz, Salsa, Rumba and Cha-Cha** while enjoying a fun night out. Partners preferred but not required. Classes will be held at **Ballroom Break Studio (100A Catherine Court, Lewisberry, PA 17339)** **Mondays** from **6:30 - 7:30 pm**. Cost is **\$90**

March 4 - April 8
April 15 - May 20

*"When you dance,
your purpose is not to get to
a certain place on the floor.
It's to enjoy each step
along the way."
- Wayne Dyer*

ZUMBA®

Zumba is one of the fastest growing dance based fitness crazes around. It utilizes easy to follow dance movements and incorporates **salsa, merengue, cumbia, reggaeton, samba, hip hop and disco** into a cardio workout. No previous dance experience is necessary. Zumba is a 'feel happy' workout that is great for the mind and body. Classes will be held **Tuesdays** in the **Recreation Building Community Room** from **5:45 - 6:45 pm**. The cost is **\$46**.

February 13 - March 19
March 26 - May 7 (no class April 16 or 23) **\$40**
May 14 - June 18
June 25 - August 6
August 20 - October 1 (no class September 17)

STRONG 30™

Train to the beat! **STRONG 30™** is a 30 minute high intensity workout led by music to motivate you to crush your ultimate fitness goals. Wear comfortable workout clothes with sneakers and bring water! All equipment is provided. Classes will be held **Tuesdays** from **6:15 - 6:45 pm** in the **Recreation Building Activity Room**. Cost for is **\$46**.

March 5 - April 2 \$40 (5 week session)
May 21 - June 25
July 9 - August 20 (no class August 6)

VeraFlow

Stretch and dance to beautiful music! **VeraFlow** is a dance based stretch class ending with relaxing mindfulness. Please wear comfortable workout clothes and bring water. All equipment is provided. Classes will be held **Tuesdays** from **7 - 7:45 pm** in the **Recreation Building Activity Room**. Cost for is **\$46**.

March 5 - April 2 \$40 (5 week session)
May 21 - June 25
July 9 - August 20 (no class August 6)

POUND®

Join the fun with **POUND®**, the **ROCKOUT WORKOUT!** Channel your inner rock star with this full-body 45 minute cardio jam session inspired by the infectious, sweat-dripping fun of playing the drums. Using lightly weighted exercise drumsticks, torch calories and drum your way to a leaner, slimmer physique - all while rocking out to your favorite music! Burn up to 900+ calories per hour, strengthen and sculpt infrequently used muscles, and drum your way to a leaner, slimmer physique. **POUND®** is accessible to all fitness levels. The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. Please bring a yoga mat or towel and water, and get ready to **MAKE NOISE!** All equipment is provided. Classes will be held **Thursdays** from **7 - 7:45 pm** in the **Recreation Building Activity Room**. Cost for is **\$40**.

March 7 - April 4
May 23 - June 27
July 11 - August 15 \$46 (6 week session)

Workshop Corner

Bicycle Touring 101

This two-hour class is an introduction to the basics of touring and traveling by bicycle. The discussion will be led by Keith Spangler of Mechanicsburg. Keith, 65, has made bicycling a serious hobby since age sixteen. In 2012, he designed and rode his first solo tour around the perimeter of Rhode Island. As a local cyclist and bicycle traveler, Keith logs 8,000 to 10,000 mile a year on two wheels. Keith will share his experience and recommendations on equipment, planning and riding your first tour. His goal is to help you answer the question, is bicycle touring for you! Important note: program will be held in a relaxed atmosphere where questions are welcomed, so bring some along. Session is **FREE but pre-registration is required**; space is limited so register early! Program will be held from **6:30 - 8:30 pm** in the **Recreation Building Preschool Room**.

Wednesday, April 24

Beginner Bonsai Workshop

Introduction to the art of bonsai. You will learn a brief history along with styles and types of bonsais. Design concept will be discussed and then it's hands on to wire, trim and shape YOUR tree! Workshop will be held from **6 - 9 pm** in the **Sporting Hill Station Training Room**. Cost is **\$78**. Tree is yours to keep!

Wednesday, April 10

Thursday, June 13

Tuesday, August 20

Become a Vegan by Embracing a Whole Food, Plant-Based Diet

Join us for a guided reading of T. Colin Campbell's book, The China Study. We will discuss sample diets that are nutritious and satisfying. You will learn how to decrease your risk of heart disease and cancer. Book is included in the cost of the program. Classes will be held **Mondays from 7:30 - 8:30 pm** in the **Recreation Building Preschool Room**. Cost is **\$120**. Course led by Dr. Sandeep Kakaria

April 22 - May 20



Practical Basics of Photography

We take "snap shots" of everyone and everything with our phones, post them on social media and e-mail them to our families. They are everywhere. So, is everyone a photographer? Is anyone who can dip a brush in paint and make lines on a canvas a painter? This course is for you if you want to move beyond snap shots to making photographs that have impact and connect with audiences. You must have access to an interchangeable lens DSLR (like a Canon Rebel or Nikon D3500) or equivalent mirrorless camera and a tripod is useful. This course will be offered in four sessions of 1.5 hour and take you through basic concepts, how to use and control your camera setting, composition, and lighting; giving you the skills to make memorable images of your own. Classes will be held **Tuesdays from 6:30 - 8 pm** in the **Recreation Building Preschool Room**. Cost is **\$66**.

April 9 - 30

Becoming a Photographer: Assignment Workshop

This class is designed for people who have taken an earlier course or have equivalent experience. Over three classes, individuals will carry out two assignments, learn techniques and compositions relating to the assignments followed by class critiques to learn from each other. Classes will be held **Tuesdays from 6:30 - 8 pm** in the **Recreation Building Preschool Room**. Cost is **\$66**.

May 7, 14 & 21

Dr. Rox NUTRITION WORKSHOPS

Dr. Rox has over 24 years of experience in helping the fed up and frustrated achieve their weight-loss goals. She is a Certified Functional Nutrition Counselor and a National Board Certified Health and Wellness Coach with a doctorate in Health Psychology. Her extensive education and experience is paired with an empathy and deep rooted understanding of how challenging the weight/fat loss battle can be. The combination of her education, experience, and empathy have given her a unique ability to develop customized, achievable, and sustainable weight/fat loss plans for her clients.

No More Dieting! Lose it for Good: A Four Part Weight-loss Workshop Series

If you're tired of the dreaded hamster wheel of weight-loss, this workshop is for you! Dr. Rox, Holistic Fat Loss & Nutrition Coach will teach you how she has helped.

During these intensive info-packed workshops, Dr. Rox will share an abundance of proven, practical, science-based tips on how you can reset your metabolism, break your weight-loss plateaus, adopt healthy eating habits that do not require counting calories or points, use exercise functionally within your physical limitations and use the therapeutic power of foods, herbs and spices to rev up your fat burning power naturally.

You will leave this workshop having identified why the past strategies have not worked, which strategies are most practical for your lifestyle and your bio-individuality, and what you can do to stay on track when your strategy does not go as planned. Done for you meal plans will be available.

Class will meet on **Wednesdays from 6:30 - 7:30 pm** in the **Recreation Building Preschool Room**. Cost is **\$125**.

March 27 - April 17

May 1 - June 5 (no class May 15 or 29)

How to Rev Up Your Metabolism: A Four Part Virtual MasterClass Bundle

If your scale is stuck and the belly fat won't budge, this PREMIER Master Class Bundle is for you! Learn how to rev up your metabolism naturally by identifying & correcting imbalances in your body's basic systems that are knowingly or unknowingly causing discomfort, dysfunction and disease, while stalling progress toward your healthy & happy naked body goals!

In this 4-part, 4 hour MASTERCLASS BUNDLE, Dr. Rox will share a mind-blowing abundance of proven, practical, scientific-based tips, to help you identify what is stalling your weight-loss along with actionable steps & healing recipes to REV UP YOUR METABOLISM no matter your age or physical limitations!!

What will you learn?

- 1)The physiology & functionality of each of the key organs & systems involved in metabolism...your Fat Loss MVPs
- 2) How these organs & systems cause your body to hoard fat instead of burning it
- 3) How to determine if your Fat Loss MVPs are malfunctioning & in need of micro repair or additional nourishment
- 4) How to use the prescriptive power of food & natural remedies to combat hormonal imbalances, digestive issues and inflammation that is knowingly or unknowingly stalling the attainment of your healthy & happy naked body goals by harnessing the therapeutic power of food, herbs & natural remedies.

Please view full session details description online.

Open Enrollment: Your Journey will begin within 2 business days of enrolling. You will have access to the entire program for 4 months; watch and learn at your own pace. Cost is **\$125**.

YOUTH ENRICHMENT

Entering Grades K - 5
Instructed by Melissa Henning

WILD AND WACKY SCIENCE

Wild and Wacky Science returns in 2024 with all new adventures and some old favorites!! This year's themes include Wacky Weather, Slime Science, Mystery of the Great Pinata, and more. Specific daily activities will include creating foamy slime, a plaster volcano, and snow in July. Students will solve the case of the Great Pinata, watch geysers explode, and more. Everyday class begins with Maker Minutes, where students use their creativity and engineering skills to build or design projects of their choice. This class is open to any student entering grades K-5. Register early as this class fills quickly. Price includes the following take-homes: reusable plaster volcano, foamy slime, snow, and more. Please note this is a 3-day course and different activities than the following week of Wilder and Wackier Summer Science. Join us for both for double the fun! *In addition, students attending Crafty Kids Cooking can stay with the instructors in between classes. Space is limited and this class fills quickly. This program takes place in **Mountain View Middle School Rooms 168 & 169** from **10 am - 12 pm**. Cost is **\$75**.

July 1 - 3

WILDER AND WACKIER SCIENCE

Wild and Wacky Science is now Wilder and Wackier with an additional week to join in on the fun! During this fun-filled educational week our themes include Aviation Fun, Slime Science, Physics of Toys, The Power of Water, and Inventions. Specific daily activities will include creating a balsa model airplane, two types of slime, a tornado (to keep), bottle rockets, Lego science, kaleidoscopes made of growing water polymers, Nerf gun science, marble races, sinking and floating challenges, and more. Everyday class begins with Maker Minutes, where students use their creativity and engineering skills to build or design projects of their choice. Price includes the following take-homes: reusable tornado, balsa model airplane, 2 variations of slime, and more. *Students attending Cooking Up..... Kitchen Science can stay with the instructors in between classes. Space is limited and this class fills quickly. This program takes place in **Mountain View Middle School Rooms 168 & 169** from **10 am - 12 pm**. Cost is **\$90**.

July 8 - 11

Crafty Kids Cooking

Join us for this ALL-NEW cooking (crafty) class. Every day, students will get to make (and eat) a simple lunch, plus take-home treats for the family to enjoy. Students will make (and dip) chocolate candies, create their own dirt dessert, and prepare a kid-friendly lasagna dinner! Each day will also include some fun crafts to decorate your kitchen, including suncatchers, a table centerpiece, and placemats! And finally, students will get to make and eat their own *Shake-n-Make homemade ice cream!* Lunch will be provided for all three days. This class is open to any student entering grades K-5. Price includes daily lunch and the following take-homes: chocolate treats, dirt dessert, lasagna to serve 4, suncatcher, flower vase centerpiece, placements, and more. Please note this is a 3-day course and different activities than the following week of Cooking Up.... Kitchen Science. *Students attending Wild and Wacky Science can stay with the instructors in between classes. This program takes place in **Mountain View Middle School Rooms 168 & 169** from **12 - 2 pm**. Cost is **\$75**.

July 1 - 3

Cooking Up...Kitchen Science

When you combine cooking, crafts, and science – you get the ultimate educational fun! Themes for 2024 include Kool-Aid Science, Playground Fun, Science of Oobleck Slime, and Wacky Weather. Activities will include making homemade playdough, kid-made pop-sicles, bubbles, sidewalk paint, mini-volcanoes, geysers, and more. Students will make (and eat) lunch daily: Breakfast Day, Pizza, Tacos, and more! Register early as this class fills quickly. Price includes daily lunch and the following take-homes: fruity playdough, bubbles, and slime. *Students attending Wilder and Wackier Science can stay with the instructors in between classes. This program takes place in **Mountain View Middle School Rooms 168 & 169** from **12 - 2 pm**. Cost is **\$90**.

July 8 - 11

YOUNG ENTREPRENEUR ASSOCIATION

FREE BUT PRE-REGISTRATION IS REQUIRED!

This club is for motivated youth that want to learn about how to become entrepreneurs. Distinguished business owners and entrepreneurs from the community will speak and teach us strategies in business planning, marketing, finance and other topics. **Free to attend but pre-registration for individual dates is required.** Sessions will be held in **Sporting Hill Station Training Room** from **6 - 7 pm**.

Wednesday, February 28th

Speaker: Luke Bernstein, President & CEO of PA Chamber of Business & Industry

Topic: Four Laps to Success: Dream Big, Embrace Challenges, Invest in Others, Commit to Something Bigger Than Yourself

Thursday, March 14th

Speaker: Senator Greg Rothman

Topic: Entrepreneurship & Public Service

Thursday, April 18th

Speaker: Dr. Mark Eid, MD, MBA Acts Financial Advisors / Co-Founder, Co-Managing Director

Topic: Building Blocks of Success: Mastering the Art of Habit Formation

Wednesday, May 15th

Speaker: Mr. Matt Madden, Owner of Keller Williams, Real Estate Broker, Investor, Developer

Topic: Cultivating a Growth Mindset



KinderDance

KinderDance is a A developmental dance/movement and fitness program for 3 - 7 year olds, which teaches the basics of ballet, tap, acrobatics and creative movement while blending educational concepts. Must have ballet slippers and hard sole shoes for the tap portion. Cost is **\$66**. The program will be held **Wednesdays** in the **Recreation Building Community Room**.

3 - 4 Year Olds 5:15 - 6 pm
5 - 7 Year olds 6:15 - 7 pm

March 20 - April 24
May 15 - June 19
July 10 - August 14

Baton Twirling Lessons Ages 5 - 18

Come twirl baton with the Tie Dye Twirlers. New students will learn basic skills, that can be combined to create a routine, while experienced twirlers will continue to advance their twirling abilities with more complicated skills. Twirlers will be placed in groups, and will receive a 45 minute lesson. New twirlers will practice from 4:30 pm - 5:15 pm. Twirlers will have an opportunity to perform in 6 parades/performances. Prior twirling skills are not required. A **\$50 registration fee is due at the time of registration and paid directly to Hampden Township; lesson fee, uniform fee and baton fee paid directly to Tie Dye Twirlers** using cash or check at the first practice or contact tiedyetwirlers@gmail.com to make an electronic payment. **Lesson fee \$100 (covers all 12 practices and 6 performances), Uniform fee \$30 (new students or if needed), Baton fee \$30 (new students or if needed)**. Twirlers who need a baton will be measured at the first practice and will use a loaner baton until theirs arrives. Baton and uniform are the twirlers to keep and can be used in future sessions. Questions can be emailed to tiedyetwirlers@gmail.com

Sundays, September 8 - November 24

Share your passion; offer a program!

**Submit a
Program
Proposal!**

Spring Special Events



BREAKFAST WITH THE BUNNY

This event will be held **Saturday, March 16 at 10 am** in the Banquet Room at Armitage Golf Course. Each child will have the opportunity to sit on the Bunny's lap and will receive a special gift. The cost is \$17.00 per person and \$9 for children 2 years of age and younger. Registration is on a first-come, first-serve basis and will begin on **February 16** at 8 am. No reservations will be accepted before this date. Call (717)761-4951 to register!



EASTER EGG SCRAMBLE

Hampden Township Recreation Department will conduct an Easter Egg Scramble on Saturday, **March 23**, at 10 am on soccer fields 5 and 6 in Hampden Park (behind the tennis courts). Participants should park in the pool parking lot. The event is open to all Township children, 2 to 8 years old, held rain or shine and **begins promptly at 10 am**.



Soccer Shots Classic is the premier intro-to-soccer program in Pennsylvania! Our instructors are energetic and passionate about working with children. These 35 minute sessions will not only teach soccer skills, but also work on improving balance, coordination and agility with the kids. Soccer Shots also uses the sessions to teach children important concepts such as teamwork, sharing and respect. Come join the fastest growing youth soccer program today! **View individual session times and register NOW at www.soccershots.com/harrisburg** Program will be held at **Hampden Park**. Questions? Call 717-350-8804

Spring Season: 8 weeks, \$135
Mondays, April 1 - May 20

Wednesdays, March 27 - May 15

Saturdays, March 23 - May 18 (no program March 30)

Summer Season: 8 weeks, \$135
Mondays, June 24 - August 12

Wednesdays, June 26 - August 14

Saturdays, June 22 - August 10

Register NOW at www.soccershots.com/harrisburg



MINI Age 2

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Parent/guardian involvement required. Program will be held at **Hampden Park**. **View individual session times and register NOW at www.soccershots.com/harrisburg** Questions? Call 717-350-8804

Spring Season: 8 weeks, \$135
Mondays, April 1 - May 20

Wednesdays, March 27 - May 15

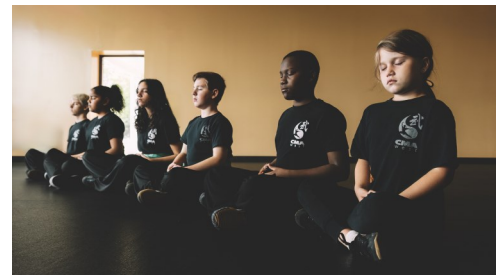
Saturdays, March 23 - May 18 (no program March 30)

Summer Season: 8 weeks, \$135
Mondays, June 24 - August 12

Wednesdays, June 26 - August 14

Saturdays, June 22 - August 10

Register NOW at www.soccershots.com/harrisburg



Martial Arts

Held in the Recreation Building
Activity Room Mondays & Fridays!

Kids Martial Arts (ages 4 - 7)

Our Kids Martial Arts Class plants the seeds to help students build a successful future. We use skill games to build strength, coordination, and teach the value of following directions. Most importantly, our class provides a safe, fun, and challenging environment for students to make friends & build values that will last a lifetime. Instruction provided by Chinese Martial Arts of West Shore (CMA West). Classes will be held on **Mondays and Fridays from 6 - 6:30 pm**. The cost is **\$85**.

March 1 - 29 (no program 3/15)

April 1 - 29

May 3 - 31 (no program 5/27)

June 3 - 28

July 1 - 29

August 2 - 30

September 6 - 30

Beginner Martial Arts (ages 8 - 18)

This class uses the dynamic, powerful movements of Wushu to help students build self discipline & physical fitness. Students will receive instruction on foundational skills and build upon them as they progress. Over time, students will learn that through Patience, Perseverance, & Humility, they can improve as martial artists and as individuals. We place a strong emphasis on community, morality, and personal accountability. Come see what we're all about! Instruction provided by Chinese Martial Arts of West Shore (CMA West). Classes will be held on **Mondays and Fridays from 6:30 - 7:30 pm**. The cost is **\$105**.

March 1 - 29 (no program 3/15)

April 1 - 29

May 3 - 31 (no program 5/27)

June 3 - 28

July 1 - 29

August 2 - 30

September 6 - 30

Advanced Martial Arts (ages 8 - 18)

For students who have been in our Beginner Martial Arts program for some time. This class runs simultaneously with Beginners, and stays later to work on higher level material. Instructor approval required. Instruction provided by Chinese Martial Arts of West Shore (CMA West). Classes will be held on **Mondays and Fridays from 6:30 - 8 pm**. The cost is **\$135**.

March 1 - 29 (no program 3/15)

April 1 - 29

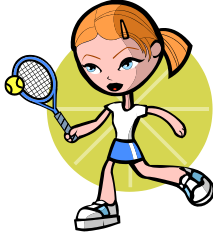
May 3 - 31 (no program 5/27)

June 3 - 28

July 1 - 29

August 2 - 30

Youth Tennis & Golf Programs



Tiny Tots Clinic: Andy Stoner Tennis

Ages 4 - 10

Join our Tiny Tots Tennis Clinic designed for ages 4 - 10! This clinic provides a positive learning experience for our youngest players. Basic technique is taught in a fun and enthusiastic way. The emphasis is on development of hand eye coordination and general athletic skills. Our program combines tennis fundamentals with interactive games in a playful and supportive environment. Our experienced coaches focus on developing motor skills, coordination, and teamwork while making learning tennis a blast for your little ones. Clinics will be held from **9 am - 10 am** at **Hampden Park Tennis Courts**. Cost is **\$50**.

June 22
July 6
July 20
August 3
August 10



Yard Sale Saturday, April 6th

Have some items that you no longer use and are taking up too much space in your garage or basement? Well then we have the solution for you-reserve a spot in our annual yard sale and try and make some cash off of them! The annual community yard sale will take place at **Hampden Park Pool Parking Lot** on Saturday, April 6th from 8 am -12 pm. The fee to reserve a parking spot to sell items is \$20 if you reserve it by March 15th. After March 15th the price for a spot will go up to \$25. The reservation form can be found on our website, recreation.hampdentownship.us, clicking on Forms/Maps, and then clicking the Yard Sale Form. Return the completed form, along with payment, to the Recreation Office!

Andy Stoner Tennis Camp

Ages 5 - 18



Andy Stoner, our former touring pro and USTA #1 Men's 50s player, has 45 years of teaching and playing experience. He holds 30 USTA National Titles and is a certified teaching pro through the United States Professional Tennis Association. We will teach you different strokes, techniques and strategies to be match ready! We welcome all levels of play and look forward to seeing you on the courts! T-shirt and snacks will be provided. Camp will be held from **9 am - 12 pm** each day at the **Hampden Park Tennis Courts**. Bring a tennis racquet and water with you each day. The cost is **\$325**.

June 10 - 14
June 17 - 21
June 24 - 28

YOUTH GOLF CAMPS

Armitage Golf Club

Ages 8 - 15

Now offering morning and evening camps. Weekly camps will rotate each week from either 9 - 10 am or 6 - 7 pm Monday - Friday. These golf camps are for youth ages 8 -15 and are designed to provide instruction and practice on site at Armitage Golf Course. Students will receive both group and individual instruction in the following areas: grip, stance, alignment, chipping, putting, bunker, course etiquette, basic golf rules and history of golf. The goal of this camp is to have all students ready to play on a course at the completion of the week. Participants must have their own clubs. Cost is **\$120** and residents receive a \$5 discount. **Participants must have their own clubs.** Limited to 12 per week.

June 10 - 14	6:00 - 7:00 pm
June 17 - 21	9:00 - 10:00 am
June 24 - 28	6:00 - 7:00 pm
July 8 - 12	9:00 - 10:00 am
July 15 - 19	6:00 - 7:00 pm
July 22 - 26	9:00 - 10:00 am

BUS TRIPS, TOURS and CRUISES

Wednesday, March 20th, at 5:30 PM at the Hampden Township Recreation Building In Person Presentation For A Biltmore Christmas

Join **Hampden Township** and **Bosco's Travel** for an in-person travel presentation to learn about the upcoming tour to the Biltmore Estate in North Carolina from December 4 - 8, 2024. The travel presentation will cover trip highlights, inclusions and more of this incredible motorcoach trip! Meeting is at The Recreation Department Building at 5:30 pm on March 20th. You must RSVP to **Bosco's Travel Group Department** at 800-782-5605 or email grouptravel@bosovs.com to save your seat.



Washington, DC April 6th



The bus will depart from the **Creekview North Lower lot parking lot, 4630 Creekview Road** on Saturday, April 6th at 8:00am arriving in the area of the Smithsonian Institute around 10:00am. You will plan the itinerary for the day. This time of year is expected to be a good time to view the cherry blossoms and the WWII memorial. The bus will depart Washington at 5:00 pm, arriving at the Hampden Township Park/Pool Complex at about 7:30 p.m. The cost for the trip is **\$65** per person and is due at the time of registration. After **February 1st price is \$75** per person. \$10 is non-refundable and no refund will be issued if cancellation is 60 days prior to trip. **THIS IS ALMOST SOLD OUT!!!**



Ocean City, Maryland May 4th

Ocean City's Springfest is one of the largest outdoor festivals in the region, attracting tens of thousands of attendees each year for a four-day arts, crafts, music, and food fest. Springfest brings together exceptional artisans and exhibitors from coast to coast. Our 4-day festival will feature works of art and fine crafts presented by more than 200 artists. A wide variety of handmade art will be available in many mediums, including clothing, textiles, glass, jewelry, metal, painting, photography, pottery, specialty foods, and wood.

Depart Hampden Pool Parking lot at 7 am, enjoy a day on your own, sitting at the beach, walking the boardwalk, attending Springfest, or just enjoying the salt air. There will be no stops to or from the event. Feel free to bring drinks and snacks with you. You may also bring a beach chair, just know you will not have access to the bus so you will have that with you for the day. We will meet and return back to the Hampden Pool Parking lot at 7 pm. **Pricing is \$79 per person**, every person must have a seat, no lap children. **After March 4th the cost is \$89 per person.** \$10 is non-refundable and no refund will be issued if cancellation is less than 60 days prior to the trip.



New York City May 4th

Don't Wait! This Bus is Almost SOLD OUT!!!



Join the Hampden Township Recreation Department for a "Do Your Own Thing" trip to New York City. Whether you want to shop, visit friends or family, take in a show or dine at one of the highly rated restaurants in the city, this is the trip for you!! All persons require a seat. The bus will depart the Hampden Township Park/Pool complex at 7:00 am. We will depart New York City at 7:00 pm. **The cost is \$75.00 per person. After March 15th the cost is \$85.00.** \$10 is non-refundable - no refund will be issued if cancellation is less than 60 days prior to trip.

ADDITIONAL BUS TRIPS & CRUISES



Canada New England Onboard Royal Caribbean Liberty Of The Seas October 10 - 19, 2024



Join Hampden Township for a cruise sailing to Canada & New England. Depart Hampden Pool Parking and travel to New York City Cruise Terminal. You will board the Royal Caribbean Liberty of the Seas for a fun filled week full of great food and entertainment. We will sail to Boston, Massachusetts, Portland, Maine, Sydney, Nova Scotia, Halifax, Nova Scotia, and St John, New Brunswick (Bay Fundy)

Day	Port	Arrive	Depart
October 10	Cape Liberty, New Jersey		4:00pm
October 11	Day at Sea		
October 12	Boston, Massachusetts	8:00am	6:00pm
October 13	Portland, Maine	8:00am	6:00pm
October 14	Day at Sea		
October 15	Sydney, Nova Scotia	7:00am	4:00pm
October 16	Halifax, Nova Scotia	8:00am	5:00pm
October 17	St John, (Bay of Fundy)	10:00am	10:00pm
October 18	Day at Sea		
October 19	Cape Liberty, New Jersey	7:00am	

Inside cabin is \$1204 pp, Outside cabin is \$1344 pp and Balcony cabin is \$1434 Pricing is based on double occupancy. Pricing includes, round trip bus from Hampden Pool Parking to NYC, bus drivers gratuities, **\$50 per cabin shipboard credit (based on 8 cabins), prepaid Shipboard Gratuities**, One hour group cocktail party (based on 30 people traveling), all meals, snacks, entertainment, port charges and taxes.

Please contact Boscov's Travel at 717-763-1100 for more information or to book.



Biltmore Christmas Asheville, NC December 4 - 8, 2024



Join the Hampden Township Recreation Department and kick off your holiday season with the trip to the Biltmore. Depart the Hampden Pool Parking lot at 7:30am. 4 nights accommodations; 1 night Wytheville, VA, 2 nights, Asheville, NC, 1 night Wytheville, VA. 6 meals; 4 breakfast, 2 dinners, Candlelight Christmas Evening at Biltmore - self guided audio tour of the mansion, visit the gardens and grounds at the Biltmore including the Conservatory, visit Antler Village at the Biltmore plus tour and tasting at Biltmore Winery, Guided Trolley Tour of Asheville, visit the Southern Highland Folk Art Craft Center, Asheville, admission to the Winter Lights display at the North Carolina Arboretum, Asheville, visit to Mast General Store, Asheville, baggage handling one bag, per person, all taxes and gratuities for all tour and the bus driver. Approximate arrival time back to Hampden Pool parking lot is 4:30pm. Please contact Boscov's Travel at 717-763-1100 for more information, pricing or to book.



New York City December 7th *Don't Wait! This Bus Will Sell Out!!!*



Join the Hampden Township Recreation Department for a "Do Your Own Thing" trip to New York City. Whether you want to shop, visit friends or family, take in a show or dine at one of the highly rated restaurants in the city, this is the trip for you!! All persons require a seat. The bus will depart the Hampden Township Park/Pool complex at 7:00 am. We will depart New York City at 7:00 pm. **The cost is \$75.00 per person. After October 11th the cost is \$85.00.** \$10 is non-refundable - no refund will be issued if cancellation is less than 60 days prior to trip.

If you are interested in any of our trips, or to get on our email list or call for a flyer to be emailed to you. Hampden Parks & Recreation 717-761-4951 or visit our website: <http://recreation.hampdentownship.us/>



Creekview Family Fun Night will be held at Creekview Recreation Area North on Friday, August 2, 2024 from 5:00 p.m. to 9:00 p.m. Residents of Hampden Township and surrounding communities have enjoyed Creekview Family Fun Night for the past 30+ years! Activities will include carnival games, inflatables, alpacas, DJ entertainment, face painting, food trucks and much more! Hampden Township Fire, Ambulance and Police vehicles will be on display.

The Recreation Department needs community support in order to make this event successful. If you are interested in attending this event, please contact the Recreation Office or visit our website for the Vendor Application.

There is minimal fee for vendor space at this event. The fee is \$50 (non-profit is \$25).

This would be an excellent way to raise funds for your organization and to increase awareness of your group. Events will be approved on a first-come, first-serve basis.

Please join us for this fun-filled community event!



Italian Job
FOOD TRUCK



RECREATION FACILITIES

In scheduling facilities, Township related or sponsored activities will be given priority over all requests for use of facilities. Individuals who desire to use a facility should contact the Recreation Department in advance to ensure availability. Hampden Township maintains over 100 acres of park land equipped with the following facilities:

PARKS



HAMPDEN PARK/POOL COMPLEX - 32 ACRES

5001 Hampden Park Dr. Mechanicsburg, PA 17050

- 6 lighted tennis courts
- 1 lighted basketball court
- 3 Pickleball courts
- 2 picnic pavilions with electric
- 6 Soccer fields
- 2 Softball fields
- 2 Bocce courts
- Paved walking trail
- 2 Playsystems
- Public Restrooms
- Public Swimming Pool - 550,000 gallon main pool, NEW double flume waterslide, sprayground, 15,000 gallon wade pool, full modern bathhouse facility, concession stand, and picnic pavilion



CONODOGUINET YOUTH PARK - 8 ACRES

515 Orrs Bridge Rd. Mechanicsburg, PA 17050

(Open April 1 - October 31)

- Restrooms
- 1 Picnic Pavilion (electric)
- Amphitheater
- Creek access
- Overnight Camping (permit only)
- Fire ring
- Creekside Benches



CREEKVIEW RECREATION AREA - 36 ACRES

North- 4630 Creekview Rd. Mechanicsburg, PA 17050

South- 4705 Creekview Rd. Mechanicsburg, PA 17050

- 1 lighted basketball court
- 3 lighted tennis courts
- 4 lighted pickleball courts
- 2 lighted horseshoe pits
- 2 picnic pavilions (water & electric)
- 1 small pavilion (no water or electric)
- 1 gaga pit
- Fireplaces
- Grills
- 3 Playsystems
- 3 public restrooms
- Lighted soccer field
- Lighted baseball field
- Lighted softball field
- Paved walking trail
- Sledding area



SALEM COMMUNITY PARK - 24 ACRES

430 Salem Church Rd. Mechanicsburg, PA 17050

- 10 baseball fields
- Concession stand
- Public restrooms
- Picnic Pavilion (water & electricity)
- Playsystem

WESTOVER COMMONS - 2 ACRES

6200 Block of Stevens Crossing Mechanicsburg, PA 17050

- Passive Recreation Area
- Paved walking trail and benches

RECREATION FACILITIES

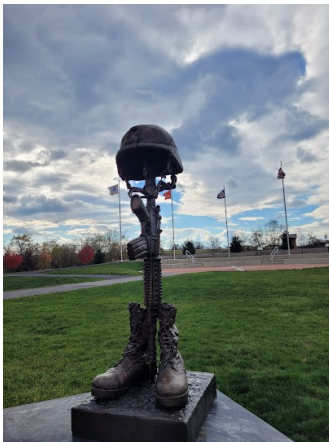
PARKS (cont.)



SROUJI PARK– 3 ACRES

301 Good Hope Rd. Mechanicsburg, PA 17050
(Open April 1 - October 31)

- Passive track of land along Conodoguinet with creek access.
- Paved 0.3 mile walking loop
- Creek access
- NEW in 2024- Pavilion w/ Restroom



VETERANS PARK– 17 ACRES

4345 Marketplace Way Enola, PA 17025

- Scenic paved walking trail w/ 12 points of remembrance
- Amphitheater
- Captain Leon Lock Veterans Memorial
- Small pavilion w/ Restroom
- 3 Gazebos
- NEW in 2024– Tank Relic

Please visit <http://hampdenpaveterans.org/> for more information on the Veterans Park and the Hampden Township Veterans Recognition Committee.



COMMUNITY ROOM



RECREATION BUILDING COMMUNITY ROOM

Book your next outing!

Capacity 120 persons

Full Commercial Kitchen

Restrooms

Call (717) 761-4951 to enquire about availability.

PICNIC PAVILIONS

In scheduling facilities, Township related or sponsored activities will be given priority over all other requests for use of facilities. Individuals who desire to use a facility should contact the Recreation Department in advance to ensure availability.

Seven lovely picnic pavilions are available at the Township's four parks. Two pavilions, at Hampden Park, seat about 60 people (one has water, both have electricity).

Creekview Recreation Area has two pavilions that each seat 125 and are equipped with fireplaces, lights, and electricity. Both are next to public rest rooms, water fountains, and playgrounds. Individual grills are located around the pavilion area for those who like to picnic in small groups. The pavilion at Creekview South is available for reservation on a limited time basis. A third pavilion, located on the north side of Creekview Park, seats 25, and does not have electricity, lights, or water. This pavilion is not available to reserve.

A small pavilion at Salem Park located amongst several baseball fields may be reserved on a limited basis.

A pavilion at Conodoguinet Youth Park is available for reservation. Visit <http://www.hampdentownship.us> to print out a rental reservation form or contact the Recreation Department for reservation forms and fees. A fee of \$100 (residents receive a \$25 discount) for family events and \$150 (residents receive a \$25 discount) for company events per pavilion is charged for reservations.

Alcoholic beverages are prohibited in all public parks. Please see page 2 for dog ordinance updates. For more information on picnic pavilions please call the Recreation Department at 717-761-4951.

AQUATICS

The Hampden Pool is in the Park/Pool complex on Hampden Park Drive, off S. Sporting Hill Rd. The pool will be open May 25-27 and June 1 for the season. Starting mid-August, the pool may go to modified hours due to staffing constraints. In addition, the pool will be closed on days Cumberland Valley Schools are in session. The pool may be open Aug. 31-Sept. 2 for limited hours if adequate staff is available. Pool hours are 11:30 am until 8:00 pm. Adult fitness hour is offered for pool members who are 18 years of age and older from 10:30 - 11:30 am. The Hampden Recreation Department reserves the right to close the pool or not permit swimming for the following conditions:

1. Sustained Rainfall
2. Cold Temperatures
3. Poor attendance
4. Lightning (Swimming will not be permitted for at least 1/2 hour from the last visible bolt of lightning or clap of thunder, to be decided by the pool manager)

If the weather improves, the pool will open on the following schedule: 1 pm, 3 pm, and 5 pm. If the pool does not open by 5 pm, it will remain closed for the day. It is suggested that you call the pool at 717-590-5989 to verify daily closing time.

On occasion, the pool will not open to the public at 11:30 am due to home swim meets which are sponsored by the Hampden Aquatic Club. Please check recreation.hampdentownship.us for a schedule of swim meets and delayed openings.

Eligibility for Resident Rate Admission

Hampden Township residents are entitled to \$5.00 off all daily admissions during the weekdays (Mon.-Fri.) and \$8.00 off all daily admissions on the weekends /holidays (Sat. & Sun., Memorial Day, 4th of July, and Labor Day) with a current resident identification card. This card must be obtained at the Hampden Township Recreation Office prior to use of the pool. Proof of residency (current drivers license or utility bill) must be presented at the time the ID card is issued to the resident. The resident ID card is non transferable.

Eligibility for Guest Admission

To obtain the guest fee, you must be accompanied by someone who is at least 16 years of age and either a current pool member or a Township resident with a current resident ID card. Please note that a pool member or Township resident can bring a maximum of four guests per member/resident per day.

Daily Admission Rates

Weekday Admission

- Ages 0-2 No charge
- 3-17 years of age, 60 & up \$13
- 18-59 years of age \$15
- Hampden Twp. Residents are entitled to \$5 off weekday daily admission with a valid resident ID card

Weekend/Holiday Admission

- Ages 0-2 No charge
- 3-17 years of age, 60 & up \$18
- 18-59 years of age \$20
- Hampden Twp. Residents are entitled to \$8 off weekend/holiday daily admission with a valid resident ID card

Please be advised that holidays are defined as Memorial Day, the Fourth of July, and Labor Day.



Reminders

Non-swimmers who wish to enter the complex must pay regular fee.

To qualify for Guest Fee, you must be accompanied by a season pass holder 16 years of age or older.

Guest Fees

- Weekday Child-\$10 Adult-\$12
- Weekend/Holiday Child-\$13 Adult-\$15

Please note that a pool member or Township resident can bring a maximum of four guests per member/resident per day.

RAIN CHECKS MAY BE ISSUED WHEN THE FACILITY MUST BE CLOSED DUE TO INCLEMENT WEATHER. THEY WILL ONLY BE ISSUED TO THOSE ADMITTED WITHIN 30 MINS. OF THE CLOSURE WITH A VALID RECEIPT. THE POOL WILL NOT OFFER REFUNDS FOR EJECTIONS FROM THE COMPLEX.

Your membership card is required to gain access to the facility-NO EXCEPTIONS! Having a card enables you to scan in much faster and thus reduce the wait time for yourself and all other patrons.

If you've misplaced your card, you can purchase a replacement card for \$5.

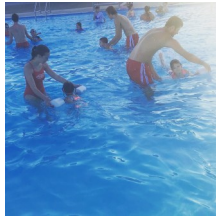
AQUATICS

POOL IMPROVEMENT PROJECT

Hampden Township is excited to announce that the Hampden Township Pool Renovation Project, a transformative endeavor aimed at revitalizing our cherished community pool and ensuring it continues to serve our residents for another fun-filled 50 years, kicked off this Fall after Labor Day!

This renovation project includes infrastructure improvements such as main drain replacement, gutter system replacement, piping replacement throughout the entire main pool, new filter system, and family changing room addition, etc. Hampden Township is excited to welcome the public into our freshly renovated complex. Please keep in mind, however:

The tentative pool opening date is Saturday, May 25, 2024. Please be aware that due to the pool renovation project, there is a possibility the 2024 opening date needs modified. While not anticipated, if a later opening date is required due to construction, the Hampden Township Parks and Recreation Office will communicate that as soon as possible via our website and social media pages.



Swim Lessons

You must be at least 3 years old to sign up for swim lessons. Lessons are designed to teach your children basic swimming skills and focus heavily on water safety. Pool members have priority registration through April 30, 2024. Non-members can start registering on May 1, 2024. Each session costs \$72.

Session 1: Mondays, June 10-July 8	PM
Session 2: Tuesdays, June 11-July 9	AM
Session 3: Wednesdays, June 12-July 10	PM
Session 4: Thursdays, June 13-July 11	AM
Session 5: Fridays, June 14-July 12	AM
Session 6: Saturdays, July 6-August 3	AM

Please note that AM lessons are held from 10:15-11:00am and PM lessons are held 7:15-8:00pm.

Each child will only be permitted to register for one session until June 10, 2024.

No refunds are given if you fail to show up for a lesson.



Aqua Zumba®

Welcome to the new pool party! Aqua Zumba® blends high energy Zumba® moves with aqua based workouts. The class is held in shallow water and there is no equipment needed. It is a fun and challenging, water-based, body toning workout! Cost is \$40 per session. All classes are held in the lap lanes of the Hampden Pool.

Sundays, July 14-August 11
9:15am-10am



Appalachia Season Opener Clinic

This is a week long training camp, for ages 10-18, with water polo coach, Justin Kassab, to gear athletes up for the start of their fall season. Justin is the recipient of the 2021 WWPA Conference and NCAA Division II Coach of the Year Awards. It is recommended that each camper have some background in water polo. The focus of the camp is getting athletes conditioned in time for their first day of the season. The cost of the camp is \$150. All classes are held at the Hampden Pool.

August 5-9, 8:15-10:15am

Lifeguard Certification

A lifeguard training course and lifeguard review course will be held prior to the 2024 season for hires/re-hires of the Hampden Pool. After you have been hired, information will be distributed regarding the class.

AQUATICS

2024 Swim Lesson Registration Form

Session 1-Mondays, June 10, 17, 24, July 1, 8 PM
Session 2-Tuesdays, June 11, 18, 25, July 2, 9 AM
Session 3-Wednesdays, June 12, 19, 26, July 3, 10 PM
Session 4-Thursdays, June 13, 20, 27, July 4, 11 AM
Session 5-Fridays, June 14, 21, 28, July 5, 12 AM
Session 6-Saturdays, July 6, 13, 20, 27, August 3 AM
AM lessons are from 10:15am-11am, PM lessons are 7:15pm-8pm

PLEASE CIRCLE SESSION YOU ARE REGISTERING FOR!

Swim lessons for children ages 3 and up. These are group lessons so there could be as many as 10 individuals in one group-the number of instructors will be adjusted depending on how many students are enrolled. The ratio is 4 children to every instructor. These lessons are designed to teach your children basic swimming skills and focus on water safety.

Please note that participants can only register for one session of lessons until June 10, 2024. At that point, participants can register for multiple weeks. In addition, only members of the Hampden Pool may register through April 30. Non-members can register starting May 1. **Cost is \$72/session.**

Child's Name _____ Age _____ Grade completed _____

Parent's Name _____ Address _____ City _____

Cell # _____ Home # _____ Work # _____

Emergency Contact (name/relation) _____ Contact # _____

Medical Conditions/Allergies _____

Has individual taken lessons at Hampden Pool before Y/N? _____ If yes, when _____

If not Hampden, when/where has individual taken swim lessons? Please list all:

What is individual capable of doing in water? Please check all that apply:

Submerge face _____	Blow bubbles _____	Front float _____	Back float _____
Front glide _____	Tread water _____	Rotary breathing _____	Front stroke _____
Elem. Backstroke _____	Breaststroke _____	Butterfly _____	Backstroke _____

I, the undersigned, give my consent to have _____ enrolled in swimming lessons at the Hampden Pool. I understand that the Hampden Twp. Board of Commissioners, Recreation Department, staff or any related thereof shall not be responsible for loss of property or injury related to this class. All instructors are trained lifeguards with First Aid and CPR certifications. I agree to familiarize myself and my children with the rules of the Hampden Pool and have received a copy of them.

Signature of Parent/Guardian _____

Date _____

AQUATICS

2024 Hampden Pool Birthday Party Reservation Form

Please circle what package you are purchasing.

Weekday Pricing (Monday-Friday)

Member-\$240
Non Member-\$270

Weekend Pricing (Saturday & Sunday)

Member-\$300
Non Member-\$390

*The birthday party timeframe is 11am-1pm. The meal is served promptly at 12pm and includes a hot dog, fries, small soda, and a cup of ice cream. Please make us aware if you require a vegetarian option. The package includes admission, exclusive use of the water slides from 11am-12pm and meals for no more than **20** guests and includes a Birthday Party Specialist that will ensure your party runs smoothly. If your party is going to have more than 20 guests, additional people are \$14/person.*

Date of birthday party _____

Birthday person's name _____

Name of individual making the reservation _____

Address _____ City _____ Zip _____

Telephone Number _____

Date deposit paid _____ **Deposit must be cash or check!**

Confirmation of final number (24 hrs. in advance) _____

IMPORTANT-TO RIDE THE SLIDES, A PERSON MUST BE A MINIMUM OF 48" TALL-NO EXCEPTIONS!

At the time of reservation, a minimum deposit of \$50.00 (non-refundable) is required. Confirmation of final number must be phoned in to pool 24 hours in advance of party. The phone number for Hampden Pool is 717-590-5989. All final fees must be paid day of party (before party starts). We reserve the right to close the pool due to inclement weather. You must give seven day notice if canceling party to receive a refund, minus non-refundable deposit of \$50. Refunds will not be issued for no-shows. In the event the pool is closed due to inclement weather, all parties will be canceled and a complete refund will be issued.

POOL ADMISSION DESK USE ONLY

Please record meal ticket numbers in box below. Please record only ticket numbers. Example is below.

20 tickets distributed

1101-1120

--

AQUATICS

POOL MEMBER RATES

For the purpose of a pool membership, a family is defined as: parent(s) and any of their unmarried children 22 years of age and under who are residing in the same household. Children 2 and under are free and do not need to be included in your count for a family membership. Cousins, nieces/ nephews, grandparents, grandchildren, aunts/uncles, baby sitters, etc. are not eligible for inclusion in a family membership. Individual memberships are available for persons 3-59 years of age, and senior memberships are available for those 60 years of age and over.

REGISTRATION PROCEDURES FOR A HAMPDEN POOL MEMBERSHIP

The Pool Membership ID card, which includes a photo of the member, will be used again in 2024. See below for information about obtaining a pool membership card.

After the application and payment is processed by the Recreation Department, the membership card will be valid for the 2024 pool season. When an individual presents his/her card at the pool, membership status will be verified by use of a barcode and scanner system. **As a reminder, cards will be reused on an annual basis until the expiration date listed on the card.**

It is not necessary to have all members of the family present at the same time for photos to be processed by the Recreation Department.

POOL SPONSORSHIP OPPORTUNITIES

The Pool has the following opportunities available for the 2024 season. Main complex sponsor-\$5,000; Climbing Wall Sponsor-\$2,000; Fence Sponsor-\$600.

All sponsorship packages are good for one pool season.

Complex Sponsor-\$5,000-One sponsorship available and includes: 1 sign on main fence near entrance, 1 sign on slide tower, sponsor's logo on pool staff shirts, direct link on Recreation website, advertisement in semi-annual brochure & 4 quarterly township newsletters, 30 daily admission passes per year of sponsorship.

Climbing Wall Sponsor-\$2,000-One sponsorship available and includes: Wall sticker at top of wall, direct link on Recreation website, advertisement in semi-annual brochure & 2 quarterly township newsletters, 13 daily admission passes per year of sponsorship.

Fence Sponsor-\$600-Twenty sponsorships available and includes: Fence banner on inside of fence, advertisement in semi-annual brochure & 1 quarterly township newsletter, 4 daily admission passes per year of sponsorship.



DISCOUNTS FOR DAILY ADMISSION TO HAMPDEN POOL & ARMITAGE GOLF COURSE & USE OF THE YARD WASTE FACILITY

The Township's Resident ID card, which is used for discounted rates at the Pool and Armitage Golf Course as well as use of the yard waste facility, includes a photograph of the resident.

The card, which is the same card used for a pool membership, will have a barcode that will be scanned by a computer to verify residency status. Residents who want the free ID card can have their photo taken from 7:30 a.m. to 4:30 p.m. Monday through Friday at the Recreation Department.

Individuals 21 years of age and older must provide their own proof of residency. Children who don't have a form of identification must be accompanied by a parent to obtain the discount card.

The card will entitle a resident to a discount of \$3 off greens fees, \$1 off after-hours and on 9 hole rates, and \$1 off weekend/holiday cart fees at Armitage. The card gets you a \$5 discount off weekday (Mon.-Fri) daily admission and \$8 off weekend/holiday (Sat. & Sun.) daily admission at the pool. Residents must present the Resident ID card to receive the discount. Without the card a resident must pay the full fee.

POOL MEMBERSHIP CARDS

- 1). Get your picture taken at the Recreation Office during regular business hours. The Recreation Office is open Monday-Friday, 7:30am-4:30pm. We are closed on Holidays.
- 2). Get your picture taken at the Pool after it opens for the season. Cards will be processed at a later time and will be available to be picked up at the pool front desk on your next visit.
- 3). Email head shots of those needing to get their new cards processed. Send photos to parksdept@hampdentownship.us. Please put your last name in the subject line, followed by "ID Cards". (For example, if the main contact for your family has the last name "Williams", this is what it should look like-**Subject:** Williams ID Cards.) Make sure to label your photo to correspond with the names on your account.

REMEMBER, YOU WILL USE THE SAME CARD AS LONG AS IT HAS NOT EXPIRED.

2024 Hampden Pool Season Pass Application

POOL OPEN: May 25-27, June 1 for the season *Dates subject to change-see below.
 The pool will only be open on weekends once Cumberland Valley SD starts their school year.

*To ensure the safety of our patrons, opening and closing times are subject to change based on the weather, darkness, and proper lifeguard ratios.

The tentative pool opening date is Saturday, May 25, 2024. Please be aware that due to the pool renovation project, there is a possibility the 2024 opening date needs modified. While not anticipated, if a later opening date is required due to construction, the Hampden Township Parks and Recreation Office will communicate that as soon as possible via our website and social media pages.

REFUNDS WILL NOT BE HONORED AFTER THE POOL OPENS FOR THE SEASON (MAY 25, 2024).

PARENT/GUARDIAN OR ADULT'S NAME
 LAST _____ FIRST _____ MI _____ BIRTH DATE _____
 ADDRESS _____ CITY _____ ZIP _____
 PHONE (primary) _____ (secondary) _____ TOWNSHIP/BOROUGH _____
 SPOUSE'S NAME _____ BIRTH DATE _____ EMAIL _____
 NAME OF CHILD (first, last) _____ BIRTH DATE _____ RELATIONSHIP _____

1. _____
 2. _____
 3. _____
 4. _____

MAKE CHECK OR MONEY ORDER PAYABLE TO AND MAIL TO: HAMPDEN POOL, 209 S. SPORTING HILL RD, MECHANICSBURG, PA 17050

2024 MEMBERSHIP RATES

	Pass Type (please circle)	Residency Status	12/1/23-3/31/24	4/1/24-7/31/24
A	Individual Plan Ages 3-59	Resident	\$110	\$115
		Non-Resident	\$215	\$235
B	Family of 2 *see family plan definition below	Resident	\$165	\$175
		Non-Resident	\$285	\$305
C	Family of 3 *see family plan definition below	Resident	\$175	\$185
		Non-Resident	\$300	\$320
D	Family of 4 *see family plan definition below	Resident	\$185	\$195
		Non-Resident	\$315	\$335
E	Family of 5 *see family plan definition below	Resident	\$205	\$215
		Non-Resident	\$345	\$365
F	Family of 6** *see family plan definition below	Resident	\$225	\$235
		Non-Resident	\$375	\$395
G	Senior Plan Ages 60 or older	Resident	\$62	\$65
		Non-Resident	\$125	\$145

****Resident families with more than six members will pay \$25 per person over six on the membership. Non-resident families with more than six members will pay \$30 per person over six on the membership.**

FAMILY PLAN DEFINITION- The family plan is available for parent (s) and any of their unmarried children 22 years of age and under who are residing in the same household. Children under the age of 3 are free and not included in the family count. Cousins, nieces/ nephews, grandparents, grandchildren, aunts/uncles, baby sitters, etc. are not eligible for inclusion in a family membership. Effective August 1, pool memberships are half price.

Children 12 years of age and younger must be accompanied by a person at least 15 years old who will accept responsibility for the safety and conduct of the child.

By signing this form, I am acknowledging that I have read the pool rules. I agree to abide by all pool rules and understand that by breaking these rules I can be ejected for any amount of time, up to and including the entire 2024 season.

 Signature of main contact on account

Hampden Twp. Recreation Department
 209 S. Sporting Hill Road
 Mechanicsburg, PA 17050-3060

PRSR STD
 US POSTAGE PAID
 HARRISBURG, PA
 PERMIT NO. 80

VISIT US ON THE WEB

recreation.hampdentownship.us
 facebook.com/HampdenTwpRec
 instagram.com/hampdentwprec

NEW!

**Three & Me Drilling Sessions
 with PPR Certified Pickleball
 Coach Tim Shollenberger**
 (See full program details on our website!)
 Weekly drilling sessions for 3 **Intermediate
 to Advanced** players. Register by the
 day. **Tuesdays or Thursdays** from 2 - 3:30
 pm from **June 4 - August 1** at **Creekview
 Park Pickleball Courts**. Please see each
 week's focus online. Cost **\$10**

POOL SPONSORS

2024 Fence Sponsor



CHANGES
 SALON AND DAY SPA

For Hampden Pool Sponsorship information,
 please visit recreation.hampdentownship.us
 and click on Pool, then scroll down to Sponsor-
 ship Info! Or call the Recreation Office at
 717-761-4951 and ask to speak with the Pool
 Manager.

**Come join our team!
 Now Hiring
 Camp Counselors &
 Lifeguards!**



**good for you.
 good for all.**
 PENNSYLVANIA PARKS & RECREATION

Being well, having fun, and strengthening our communities are
 some of the ways that local parks and recreation enhance the
 lives of all Pennsylvanians. It's good for you. It's good for
 all. We welcome you to start finding some good of your own.
 Use our site to stay connected and to find local parks in PA.
 Visit <http://goodforpa.com/>

**2024 POOL
 APPLICATION
 ENCLOSED**

**Dated
 Material!**

2024 Hampden Pool Season Pass Application

2024 Season Passes are available for purchase starting on June 1, 2024. The season pass is valid for the 2024 season only. The season pass is non-transferable and cannot be used for multiple seasons.

2024 Season Passes are available for purchase starting on June 1, 2024. The season pass is valid for the 2024 season only. The season pass is non-transferable and cannot be used for multiple seasons.

Category	Rate	Age Group
Family of 2 (2 Adults & 2 Children)	Regular	12-17
	Senior	18-21
Family of 3 (2 Adults & 1 Child)	Regular	12-17
	Senior	18-21
Family of 4 (2 Adults & 2 Children)	Regular	12-17
	Senior	18-21
Family of 5 (2 Adults & 3 Children)	Regular	12-17
	Senior	18-21
Family of 6 (2 Adults & 4 Children)	Regular	12-17
	Senior	18-21
Family of 7 (2 Adults & 5 Children)	Regular	12-17
	Senior	18-21
Family of 8 (2 Adults & 6 Children)	Regular	12-17
	Senior	18-21
Family of 9 (2 Adults & 7 Children)	Regular	12-17
	Senior	18-21
Family of 10 (2 Adults & 8 Children)	Regular	12-17
	Senior	18-21
Family of 11 (2 Adults & 9 Children)	Regular	12-17
	Senior	18-21
Family of 12 (2 Adults & 10 Children)	Regular	12-17
	Senior	18-21
Family of 13 (2 Adults & 11 Children)	Regular	12-17
	Senior	18-21
Family of 14 (2 Adults & 12 Children)	Regular	12-17
	Senior	18-21
Family of 15 (2 Adults & 13 Children)	Regular	12-17
	Senior	18-21
Family of 16 (2 Adults & 14 Children)	Regular	12-17
	Senior	18-21
Family of 17 (2 Adults & 15 Children)	Regular	12-17
	Senior	18-21
Family of 18 (2 Adults & 16 Children)	Regular	12-17
	Senior	18-21
Family of 19 (2 Adults & 17 Children)	Regular	12-17
	Senior	18-21
Family of 20 (2 Adults & 18 Children)	Regular	12-17
	Senior	18-21
Family of 21 (2 Adults & 19 Children)	Regular	12-17
	Senior	18-21
Family of 22 (2 Adults & 20 Children)	Regular	12-17
	Senior	18-21
Family of 23 (2 Adults & 21 Children)	Regular	12-17
	Senior	18-21
Family of 24 (2 Adults & 22 Children)	Regular	12-17
	Senior	18-21
Family of 25 (2 Adults & 23 Children)	Regular	12-17
	Senior	18-21
Family of 26 (2 Adults & 24 Children)	Regular	12-17
	Senior	18-21
Family of 27 (2 Adults & 25 Children)	Regular	12-17
	Senior	18-21
Family of 28 (2 Adults & 26 Children)	Regular	12-17
	Senior	18-21
Family of 29 (2 Adults & 27 Children)	Regular	12-17
	Senior	18-21
Family of 30 (2 Adults & 28 Children)	Regular	12-17
	Senior	18-21
Family of 31 (2 Adults & 29 Children)	Regular	12-17
	Senior	18-21
Family of 32 (2 Adults & 30 Children)	Regular	12-17
	Senior	18-21
Family of 33 (2 Adults & 31 Children)	Regular	12-17
	Senior	18-21
Family of 34 (2 Adults & 32 Children)	Regular	12-17
	Senior	18-21
Family of 35 (2 Adults & 33 Children)	Regular	12-17
	Senior	18-21
Family of 36 (2 Adults & 34 Children)	Regular	12-17
	Senior	18-21
Family of 37 (2 Adults & 35 Children)	Regular	12-17
	Senior	18-21
Family of 38 (2 Adults & 36 Children)	Regular	12-17
	Senior	18-21
Family of 39 (2 Adults & 37 Children)	Regular	12-17
	Senior	18-21
Family of 40 (2 Adults & 38 Children)	Regular	12-17
	Senior	18-21
Family of 41 (2 Adults & 39 Children)	Regular	12-17
	Senior	18-21
Family of 42 (2 Adults & 40 Children)	Regular	12-17
	Senior	18-21
Family of 43 (2 Adults & 41 Children)	Regular	12-17
	Senior	18-21
Family of 44 (2 Adults & 42 Children)	Regular	12-17
	Senior	18-21
Family of 45 (2 Adults & 43 Children)	Regular	12-17
	Senior	18-21
Family of 46 (2 Adults & 44 Children)	Regular	12-17
	Senior	18-21
Family of 47 (2 Adults & 45 Children)	Regular	12-17
	Senior	18-21
Family of 48 (2 Adults & 46 Children)	Regular	12-17
	Senior	18-21
Family of 49 (2 Adults & 47 Children)	Regular	12-17
	Senior	18-21
Family of 50 (2 Adults & 48 Children)	Regular	12-17
	Senior	18-21
Family of 51 (2 Adults & 49 Children)	Regular	12-17
	Senior	18-21
Family of 52 (2 Adults & 50 Children)	Regular	12-17
	Senior	18-21
Family of 53 (2 Adults & 51 Children)	Regular	12-17
	Senior	18-21
Family of 54 (2 Adults & 52 Children)	Regular	12-17
	Senior	18-21
Family of 55 (2 Adults & 53 Children)	Regular	12-17
	Senior	18-21
Family of 56 (2 Adults & 54 Children)	Regular	12-17
	Senior	18-21
Family of 57 (2 Adults & 55 Children)	Regular	12-17
	Senior	18-21
Family of 58 (2 Adults & 56 Children)	Regular	12-17
	Senior	18-21
Family of 59 (2 Adults & 57 Children)	Regular	12-17
	Senior	18-21
Family of 60 (2 Adults & 58 Children)	Regular	12-17
	Senior	18-21
Family of 61 (2 Adults & 59 Children)	Regular	12-17
	Senior	18-21
Family of 62 (2 Adults & 60 Children)	Regular	12-17
	Senior	18-21
Family of 63 (2 Adults & 61 Children)	Regular	12-17
	Senior	18-21
Family of 64 (2 Adults & 62 Children)	Regular	12-17
	Senior	18-21
Family of 65 (2 Adults & 63 Children)	Regular	12-17
	Senior	18-21
Family of 66 (2 Adults & 64 Children)	Regular	12-17
	Senior	18-21
Family of 67 (2 Adults & 65 Children)	Regular	12-17
	Senior	18-21
Family of 68 (2 Adults & 66 Children)	Regular	12-17
	Senior	18-21
Family of 69 (2 Adults & 67 Children)	Regular	12-17
	Senior	18-21
Family of 70 (2 Adults & 68 Children)	Regular	12-17
	Senior	18-21
Family of 71 (2 Adults & 69 Children)	Regular	12-17
	Senior	18-21
Family of 72 (2 Adults & 70 Children)	Regular	12-17
	Senior	18-21
Family of 73 (2 Adults & 71 Children)	Regular	12-17
	Senior	18-21
Family of 74 (2 Adults & 72 Children)	Regular	12-17
	Senior	18-21
Family of 75 (2 Adults & 73 Children)	Regular	12-17
	Senior	18-21
Family of 76 (2 Adults & 74 Children)	Regular	12-17
	Senior	18-21
Family of 77 (2 Adults & 75 Children)	Regular	12-17
	Senior	18-21
Family of 78 (2 Adults & 76 Children)	Regular	12-17
	Senior	18-21
Family of 79 (2 Adults & 77 Children)	Regular	12-17
	Senior	18-21
Family of 80 (2 Adults & 78 Children)	Regular	12-17
	Senior	18-21
Family of 81 (2 Adults & 79 Children)	Regular	12-17
	Senior	18-21
Family of 82 (2 Adults & 80 Children)	Regular	12-17
	Senior	18-21
Family of 83 (2 Adults & 81 Children)	Regular	12-17
	Senior	18-21
Family of 84 (2 Adults & 82 Children)	Regular	12-17
	Senior	18-21
Family of 85 (2 Adults & 83 Children)	Regular	12-17
	Senior	18-21
Family of 86 (2 Adults & 84 Children)	Regular	12-17
	Senior	18-21
Family of 87 (2 Adults & 85 Children)	Regular	12-17
	Senior	18-21
Family of 88 (2 Adults & 86 Children)	Regular	12-17
	Senior	18-21
Family of 89 (2 Adults & 87 Children)	Regular	12-17
	Senior	18-21
Family of 90 (2 Adults & 88 Children)	Regular	12-17
	Senior	18-21
Family of 91 (2 Adults & 89 Children)	Regular	12-17
	Senior	18-21
Family of 92 (2 Adults & 90 Children)	Regular	12-17
	Senior	18-21
Family of 93 (2 Adults & 91 Children)	Regular	12-17
	Senior	18-21
Family of 94 (2 Adults & 92 Children)	Regular	12-17
	Senior	18-21
Family of 95 (2 Adults & 93 Children)	Regular	12-17
	Senior	18-21
Family of 96 (2 Adults & 94 Children)	Regular	12-17
	Senior	18-21
Family of 97 (2 Adults & 95 Children)	Regular	12-17
	Senior	18-21
Family of 98 (2 Adults & 96 Children)	Regular	12-17
	Senior	18-21
Family of 99 (2 Adults & 97 Children)	Regular	12-17
	Senior	18-21
Family of 100 (2 Adults & 98 Children)	Regular	12-17
	Senior	18-21